# Examples of how to write quantifiable results in a resume

* Worked with a team of 4-6 people whose responsibility was to safely unload freight trucks while being expected to sort merchandise in a timely manner across 30+ departments.
* Successfully unloaded over 500 trucks and 750,000 pieces of freight amounting to 2 million dollars’ worth of products over a 2-year period.
* Worked with a warehouse team that had 0% injury rate for 2 years in a row.